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Nationally Renowned Surgeon Dr. Shahid Shafi Joins Surgical Group of North Texas

*Brings Extensive Surgical Care Knowledge and Quality Initiatives
To Growing Practice*

(May 21, 2009) Grapevine, Texas—Surgical Group of North Texas today announced the addition of Dr. Shahid Shafi to its General Surgery practice. A graduate of the Aga Khan University in Pakistan, Dr. Shafi obtained his post-graduate training at the University of Pennsylvania, Johns Hopkins University and the University of Medicine and Dentistry of New Jersey. Dr. Shafi has been practicing surgery for more than 11 years. His experience encompasses all aspects of general surgery, including thyroid, gastrointestinal, hepatobiliary, pancreatic, skin and soft tissue and hernias.

“I am very pleased to join this dynamic, well-trained group of physicians who offer such a wide variety of services to its patients,” says Dr. Shafi. “As a surgeon, it’s the connection that I share with my patients that is what’s most important in their medical care. Surgery is a big unknown for most patients. A surgeon’s responsibility is not to only provide the best possible surgical care, but also to support the patients and their families, assuage their fears and help them through the pre-operative and post-operative care.”

Any surgical procedure is considered to be complex with potential for complications during the procedure and during recovery. As Dr. Shafi points out, it’s important to have a partnership with an experienced surgeon who can make early diagnoses and who is skilled and knowledgeable of the latest techniques in order to minimize risk and better manage recovery time.

“It’s important not to procrastinate on health,” says Dr. Shafi. “We are seeing patients delay operations for personal and economic reasons, but this typically makes the disease process more intense and worsens the condition. It behooves patients to seek treatment early. By educating patients on the importance of key steps in medical care, like surgery, patients will have faster recovery and longer, better health.”

He also points out that within medical specialties, there are trends towards different physicians handling inpatient and outpatient care. According to Dr. Shafi, a successful surgical outcome requires a continuum of care by the same surgeon treating in both inpatient and outpatient settings. This is a core value for Dr. Shafi and the surgical team at SGNT.

In fact, it is this service-based philosophy that drew this acclaimed surgeon to SGNT. “These physicians are very active in the surrounding communities of Coppell, Colleyville, Grapevine, Irving/Las Colinas and Southlake. They live and share in the communities in which they serve. In addition, the hospitals where SGNT provides surgical care are state-of-the-art facilities for both surgical and post-operative care,” says Dr. Shafi.

Prior to joining SGNT, Dr. Shafi spent the last six years as a professor, researcher and surgeon at the University of Texas Southwestern Medical School and Parkland Memorial Hospital. In addition to his role as surgeon, Dr. Shafi has been extensively involved with quality of care initiatives nationally and through multiple professional societies. In his new role at SGNT, he will be affiliated with the Baylor Institute for Healthcare Research and Improvement where he’ll continue his focus on the improvement of surgical care.

“We are honored to welcome Dr. Shafi to SGNT,” says Dr. Sina Matin, FACS and partner with SGNT. “He is very capable, has an excellent reputation and is a perfect fit for our philosophy of providing outstanding surgical care. He will play an intricate role as we expand to provide continuous coverage and better care for our patients.”

A resident of Southlake, Tx, Dr. Shafi has received numerous honors and appointments during his notable career so far, including appointments to the North Texas Trauma Regional Advisory Council and the Texas Governor’s EMS and Trauma Advisory Council, a founder of the American College of Surgeons Trauma Quality Program, and is a national and international speaker on key surgical issues.

To make an appointment with Dr Shafi, call 817-251-0700 or contact your primary care physician for a referral. For more details on the Surgical Group of North Texas, go to www.surgicalgroupnt.com

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